

The Goat Source

June 2004 Newsletter Volume 1 Number 2

## JUNE IS DAIRY MONTH!!!

Let's celebrate Dairy Month with Ice Cream! Nothing beats the summer heat like a chilled bowl of fresh home-made Ice Cream made with your fresh creamy goat's milk. Go with plain jane vanilla or get fancy with in season fresh fruit or everyone's favorite – CHOCOLATE!

## **Basic Ice Cream**

1 ½ cups milk 34 cup sugar

1/8 tsp. salt 2 or 3 beaten egg yolks 1 TBS vanilla 1 cup whipping cream 1 cup cream

Scald milk over low heat (do not boil).

Stir in the sugar and salt until dissolved.

Pour slowly over the egg yolks and beat until well blended.

Stir and cook in a double boiler over (but not in) hot water, until thick and smooth. Chill. Add, the vanilla, the whipping cream and the cream and fold into the custard. Churn freeze or freeze in the freezer compartment of your freezer. (Churn freezing is recommended).

When mixture is partially frozen you may mix in your favorite additions – Shaved chocolate, nuts, fruit, or flavored syrups.

**Find the information you need right at your fingertips** – Get a copy of The **Goat Resource Manual** from <a href="https://www.goatsource.com">www.goatsource.com</a>. A comprehensive listing of breed organizations, clubs, web sites, catalogs and magazines that are available to the goat raiser. **Don't search for hours** – download the Resource Manual for only 20\$ or order a copy on CD. Buy it with the Beginner's Guide and save 10\$.

## **Feeding and Nutrition Quiz**

The most important of all nutrients needed for high production and good health is:

- 1. Water
- 2. Protein
- 3. Energy

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Hints and Tips: A fresh coat of white paint on gates and stanchions in the spring make the whole place look cleaner and fresher!!

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**Answer:** 1) Studies have proven that the one factor, which is always common to all high-producing, healthy herds, is excellent quality drinking water.

That's all for this month! See you next month...

Leslie, The Goat Source

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